

# Alpha radiation is a major germ-line mutagen over evolutionary timescales

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## ABSTRACT

**Question:** Is alpha radiation responsible for major changes in genome structure, including karyotypic change and higher ploidy? *In vitro*, high doses of alpha radiation yield many chromosomal changes, while low doses yield mostly point mutations.

**Data description:** Previously published data on karyotypic variability and the incidence of polyploidy in various animal and plant species.

**Search method:** In nature, most alpha radiation exposure is caused by radon progeny. Exposure is particularly high below ground, and is also elevated on plant surfaces due to deposition by rain. I look for correlations between the degree of karyotypic variability (or polyploidy) and exposure to alpha radiation.

**Conclusions:** Both karyotypic variability and the frequency of polyploidy are associated with ecological exposure to alpha radiation. The associations are consistent with observed differences in synonymous substitution rates between species. These results suggest that alpha radiation is the dominant evolutionary mutagen for some species.

*Keywords:* karyotypic change, mutation, ploidy.

## INTRODUCTION

Natural selection operates on the genetic variation provided by mutation. If the spectrum of mutational change is different in two lineages, one might expect to see different patterns of genomic evolution in those lineages.

Alpha radiation of cell cultures at small doses [up to 1.7 mGy (Nagasawa and Little, 2002) or 5 mGy (Huo *et al.*, 2001)] generates a mutational spectrum in which almost all mutations induced by the radiation are small local DNA changes, such as point mutations. Larger doses generate chromosomal mutations such as partial and total gene deletions (Huo *et al.*, 2001; Nagasawa and Little, 2002). Similar changes in spectra are observed for gamma radiation (Schwartz *et al.*, 2000). The general pattern of chromosomal mutations occurring more often with higher exposure is robust, at least *in vitro* (Jostes, 1996; Hei *et al.*, 2004).

Chromosomal mutations are associated with ‘direct hits’ of nuclei by alpha particles, while point mutations are more common at low doses in the descendants of ‘bystander’ cells

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(Brenner *et al.*, 2001; Huo *et al.*, 2001; Nagasawa and Little, 2002; Hei *et al.*, 2004). Dose-dependent changes in mutation frequency suggest that point mutations and small deletions may result from single DNA lesions, while large deletions result from pairs of double-strand breaks (Schwartz *et al.*, 2000). Dose rate, cell type, and the genetic locus studied also influence the outcome of radiation exposure (Schwartz *et al.*, 2000). Clustered DNA damage of severity greater than simple double-strand breaks is likely to occur at biologically relevant frequencies with all ionizing radiations (Goodhead, 1994). The mechanism by which alpha radiation induces mutation is not completely understood, and is the subject of ongoing study (Hei *et al.*, 2004). In addition to the bystander effect, radiation can induce genomic instability, in which the offspring of irradiated parents show increased rates of somatic and germ-line mutation (Kadhim *et al.*, 1992; Dubrova, 2003; Niwa, 2003). Instability can be generated in bystander cells (Lorimore *et al.*, 1998; Watson *et al.*, 2000).

If alpha radiation plays a significant role in germ-line mutagenesis over evolutionary timescales, one would expect to see a significantly different pattern of genomic evolution in organisms exposed to high doses of alpha radiation. This pattern would be characterized by a much higher rate of large-scale genomic changes, including chromosomal mutations and changes in karyotype. Synonymous substitution rates would also be somewhat higher in such organisms. Genomic adaptations to mutagenic radiation might also be expected.

Radon is a decay product of uranium, which is widely distributed over the land regions of the earth's crust (Plant and Saunders, 1996). Radon and its decay progeny together constitute the largest natural radiation exposure to humans (United Nations Scientific Committee on the Effects of Atomic Radiation, 2000). Two terrestrial ecological niches are associated with elevated exposure to radon and its decay progeny in animals:

1. *An underground lifestyle.* In soils typical of Ontario and Manitoba, for example, it is estimated that fossorial species receive hundreds of mGy per year to their lungs through inhaling radon and radon progeny (Macdonald and Laverock, 1998). Pocket gophers receive especially high doses, between 530 and 2740 mGy per year (Macdonald and Laverock, 1998).
2. *A grass-eating or leaf-eating lifestyle in areas of relatively high rainfall.* The radon progeny lead-210 and polonium-210 are natural contaminants of grass by atmospheric deposition (Hill, 1960). Leafy plants are also subject to atmospheric deposition (Joshi, 1982; Pietrzak-Flis and Skowronska-Smolak, 1995). Leaves accumulate radionuclides in proportion to their area (Pietrzak-Flis and Skowronska-Smolak, 1995) and the total rainfall (Hill, 1960), and the radionuclide contaminants remain in the leaves (Athalye and Mistry, 1972; Pietrzak-Flis and Skowronska-Smolak, 1995). A lifestyle that involves extended periods of physical contact with mature leaves may also expose animals to leaf-resident radionuclides.

To have germ-line effects, alpha radiation emitters such as polonium-210 must localize to the gonads. The rates of accumulation in the testes and ovaries vary both with the mode of polonium-210 exposure and with the organism studied (Fink, 1950). Polonium-210 accumulates in soft tissues (Hill, 1965), and concentrations in the testes tend to be higher than the body average (Hunt, 1990; Leggett and Eckerman, 2001). Lead-210 accumulates in bones (Hill, 1965), and may support an ongoing polonium-210 exposure. Radon may also be absorbed in fat (Allen *et al.*, 1995).

Estimated levels of alpha radiation exposure and polonium-210 uptake rates to the gonads have been measured in different organisms under various conditions. The general magnitude of these measured quantities suggests that doses to germ-line cells in niches rich

in alpha radiation may be sufficiently large to increase the rate of large-scale genomic changes. Chromosomal mutations (including germ-line changes) attributable to alpha radiation have been observed in some fossorial rodent individuals (Gileva *et al.*, 1996; Gileva and Nokhrin, 2001) and their progeny (Gileva *et al.*, 2000).

To evaluate the hypothesis that alpha radiation influences genomic evolution, I look for patterns in mutation that could be explained on the basis of ecological exposure to alpha radiation. General patterns among large groups will suggest correlations between ecology and mutation. Exceptional species that have unusually high (or low) mutation rates for their groups will be particularly informative. The ways in which such a species differs ecologically from its group will provide strong clues about ecological features associated with mutation.

## ANALYSIS

### Chromosomal mutation

Chromosomal mutations include fusions, inversions, deletions, and translocations. These kinds of chromosomal mutation occur at different frequencies in different lineages. The kind of change may itself be an indicator of the severity of the underlying DNA damage. For example, under certain experimental conditions, translocations occur in the presence of two double-strand breaks, but not in the presence of one (Richardson and Jasin, 2000). Changes in chromosome numbers (or chromosome arm numbers) per lineage over time (Wilson *et al.*, 1975; Bush *et al.*, 1977) provide a strong indication of rates of karyotypic change, even though they are insensitive to inversions and small deletions. More recent studies have identified changes such as inversions that do not alter the chromosome number (Burt *et al.*, 1999), but such data are currently available for a limited number of lineages only.

#### *Rodents*

Rodents as a group have high rates of karyotypic evolution (Bush *et al.*, 1977). Most rodents live in underground burrows. Strongly fossorial rodents such as pocket gophers, mole rats, and tucotucos have extreme chromosomal diversity (Patton, 1972; Bush *et al.*, 1977; Nevo, 1979; Patton and Sherwood, 1983). In contrast, tree squirrels and flying squirrels have a conserved karyotype (Stanyon *et al.*, 2003b; Li *et al.*, 2004) that is closer to the ancestral eutherian karyotype (Li *et al.*, 2004).

#### *Ungulates and horses*

The high rate of karyotypic evolution among ungulates and horses (Bush *et al.*, 1977) could be explained by the consumption of large quantities of grass. Camels are an exception to the rule, as they have low karyotypic diversity (Bunch *et al.*, 1985). While camels feed on grass, they live in arid or semi-arid areas in which there is relatively little radionuclide contamination of grass by rain.

#### *Lagomorphs*

Lagomorphs have high karyotypic diversity (Bush *et al.*, 1977). However, hares (*Lepus*) are karyotypically conserved, and the ancestral karyotype of the lagomorphs appears to be close to that of the hare (Robinson *et al.*, 1983, 2002). Unlike other lagomorphs, hares do not use a burrow to rear their young.

### *Primates*

The analysis of primates is difficult given the complexity and variety of primate behaviour and diet. Howler monkeys have high levels of karyotypic diversity (de Oliveira *et al.*, 2002), live in tropical regions with high rainfall, and eat substantial quantities of mature leaves (Milton, 1979; de Souza *et al.*, 2002). Geophagy may be a source of ingested radionuclides for howler monkeys (de Souza *et al.*, 2002) and *Callicebus* species (Muller *et al.*, 1997), which are also karyotypically diverse (Stanyon *et al.*, 2003a). Gibbons are tropical animals that also have high levels of karyotypic diversity (Koehler *et al.*, 1995). Gibbons drink by rubbing wet leaves on their bodies and then sucking the water from the fur, which may expose them to radionuclides. On the other hand, baboons have a low level of karyotypic diversity (Wienberg and Stanyon, 1998). Baboons have an unusually efficient mechanism for clearing polonium-210 from their bodies (Fellman *et al.*, 1994; Leggett and Eckerman, 2001), although its impact on the effective radiation dose to the gonads is unclear. Great apes and humans also have a relatively conserved karyotype (Wienberg and Stanyon, 1998). More data on radionuclide exposure to various species are needed before firm conclusions can be drawn about primates.

### *Insectivores*

Most insectivores have some degree of fossoriality, and the rate of karyotypic change for insectivores is moderate (Bush *et al.*, 1977). Shrews (*Soricidae*) are more strongly fossorial, and have wide karyotypic variation (Borgaonkar, 1969).

### *Marsupials*

The marsupials have a moderate degree of karyotypic diversity (Bush *et al.*, 1977), with the highest diversity among kangaroos and wallabies (*Macropodidae*) (Hayman, 1977). Kangaroos and wallabies graze on grass and leaves.

### *Bats*

Bats as a group have a low rate of karyotypic change, but the distribution over different lineages is non-uniform (Baker and Bickham, 1980). The two bat lineages with the highest number of chromosomal changes observed by Baker and Bickham (1980) were *Vampyressa pusilla* and *Uroderma bilobatum*. Both of these tropical species inhabit 'tents' that they build out of large leaves by chewing partial cuts in the leaves (Zortea and De Brito, 2000). Radionuclides may be transferred from leaf surfaces to the skin of bats, and ingested during grooming. Tent construction and salivary deposition (Balasingh *et al.*, 1995) may also contribute to the ingestion of radionuclides.

### *Frogs*

Frogs as a group have a low rate of karyotypic change (Bush *et al.*, 1977), although the *Eleutherodactylus* species are karyotypically diverse (Bogart and Hedges, 1995). *Eleutherodactylus* frogs typically live among the ground-level leaf litter (Savage, 2002). This is an unventilated area in which elevated radon concentrations occur [in a similar fashion to the elevation of radon levels in poorly ventilated homes (National Research Council, 1999)]. Frog skin is water-permeable, and extended direct contact with mature leaves would expose leaf-litter frogs to soluble radionuclides such as polonium-210. *Eleutherodactylus* frogs carry their fertilized young in skin pouches.

### Lizards

Lizards have a low rate of karyotypic change (Bush *et al.*, 1977), but the *Sceloporus* lizards that burrow (Degenhardt *et al.*, 1996) have high diversity (Hall and Selander, 1973).

### Carnivores

Most carnivores, including cats, bears, wolves, dogs, seals, walruses, whales, and sea-lions, have low rates of karyotypic change (Arnason, 1972). Foxes have high diversity (Bush, 1975), which can be explained on the basis of their living in burrows. *Mustelidae* (badgers, otters, skunks, weasels, and relatives) have high karyotypic diversity (Wurster, 1969); most of these animals also burrow.

### Birds

Birds are karyotypically conservative (Shields, 1982; Guttenbach *et al.*, 2003). Burrowing owls (*Speotyto cunicularia*, formerly *Athene cunicularia*), however, show a unique karyotype (Schmutz and Moker, 1991) that is sufficiently distinct to define a monotypic genus. Among 136 species in 46 avian genera studied by Shields (1982), there were very few pairs of congeneric species with significant karyotypic differences. The pair with the largest difference was the Eurasian roller and the Indian roller (*Coracias garrulus* and *C. benghalensis*). Eurasian rollers use burrows.

The analysis of chromosomal changes is summarized in Table 1.

**Table 1.** Rules and outliers in rates of karyotypic change of some terrestrial vertebrates, as explained by exposure to alpha radiation

Group	Rate of karyotypic change (explanation)	Outliers (explanation)
Rodents	High (underground lifestyle)	Tree-squirrels and Flying-squirrels (arboreal lifestyle)
Lagomorphs	High (underground lifestyle)	Hares (do not burrow)
Artiodactyls and horses	High (grass eaters)	Camels (arid and semi-arid habitat)
Primates	High (grass and leaf eaters)	Baboons, great apes, humans
Insectivores	Moderate (underground lifestyle)	
Marsupials	Moderate (grass/leaf eaters)	
Carnivores	Low	Foxes, Mustelidae (underground lifestyle)
Frogs	Low	<i>Eleutherodactylus</i> (leaf-litter habitat)
Bats	Low	Tent-making bats (reside in leaf 'tents')
Lizards	Low	<i>Sceloporus</i> (underground lifestyle)
Birds	Low	Burrowing owl, Eurasian roller (underground lifestyle)

*Note:* Rate of karyotypic change measured by  $r'$  (Bush *et al.*, 1977), counting total karyotypic changes per lineage per million years: High ( $r' > 0.4$ ), Moderate ( $0.4 \geq r' > 0.1$ ), Low ( $0.1 \geq r'$ ). Values of  $r'$  are from Bush *et al.* (1977), except for birds. The bird estimate is based on observations of relatively slow karyotypic evolution in bird species (Shields, 1982; Burt *et al.*, 1999).

## Ploidy

Duplication events that increase the ploidy of an organism are likely to be caused by mechanisms unrelated to alpha radiation (Otto and Whitton, 2000). However, one could speculate that there may be selection in favour of polyploids in radiation-rich environments. It is well known that polyploid plants are more resistant to radiation than their diploid relatives (Ichikawa, 1981). Because genes are duplicated, somatic cells would be more robust in the face of radiation damage, relative to a parent diploid species (Ichikawa, 1981). Some diploid plant species are sensitive to small changes in background radiation, and exhibit more somatic mutations in regions of higher natural radioactivity (Mericle and Mericle, 1965). The benefit of polyploidy depends on the timing of the radiation dose relative to the life stage of the cells being irradiated (Conger *et al.*, 1982; von Wangenheim *et al.*, 1995). Since non-sister chromosomes are sometimes used for repairing double-strand DNA breaks (Richardson *et al.*, 1998), additional copies of chromosomes would also aid DNA damage repair. In some human cancer cells, the dose of radiation needed to kill a tumour increases with the number of chromosomes in the tumour (Schwartz *et al.*, 1999).

Conventional genetic arguments would suggest that one of the gene copies would degenerate over time, evolving into a non-functional pseudogene, or acquiring some other function (Otto and Whitton, 2000). However, experimental studies suggest selective pressure for maintaining multiple functional gene copies (Hughes and Hughes, 1993; Otto and Whitton, 2000; Gu *et al.*, 2003). The maintenance of multiple gene copies suggests that the benefit of polyploidy is gene redundancy, consistent with a protective effect against mutation in somatic tissues.

Polyploidy is rare in terrestrial animals (Otto and Whitton, 2000). Otto and Whitton (2000) list 30 polyploid amphibian species (or species groups) and 12 reptile species/groups. Among these, most are either burrowing species or species that estivate underground during periods of water shortage. There are no known polyploid mammals: the one mammal mentioned by Otto and Whitton (2000) was later shown to be diploid (Svartman *et al.*, 2005).

For plant species, atmospheric deposition via rain onto plant surfaces is likely to be the primary form of exposure to alpha radiation (Hill, 1960), and is more important for the above-ground portion of the plant than uptake from the soil (Pietrzak-Flis and Skowronska-Smolak, 1995). If alpha radiation creates a selective advantage for polyploidy, then polyploidy should be associated with high rainfall, and with leafy vegetation having high surface area per unit volume. Table 2 summarizes the data in the literature on plant polyploidy, using any of the

**Table 2.** Polyploidy in plant groups

Group	Frequency of polyploidy
Ferns	Very high
Grasses	Very high
Monocots	High
Herbaceous dicots	High
Woody dicots	Low
Gymnosperms	Low

*Note:* Assessment of polyploidy based on Delevoryas (1980), Otto and Whitton (2000), and Levy and Feldman (2002), using any of the several measures of polyploidy proposed in the literature.

several proposed measures of (evolutionarily recent or ancient) polyploidy (Otto and Whitton, 2000). The data are consistent with atmospheric deposition, particularly for grasses, where most (if not all) species are polyploid (Levy and Feldman, 2002). The presence of a protective layer of bark in woody dicots and gymnosperms may shield most living cells from atmospherically deposited radionuclides.

The presence of polyploidy in some fish species (Otto and Whitton, 2000) may reflect the relatively high alpha-emitter content of plankton (Shannon and Cherry, 1967; Cherry *et al.*, 1970), which is comparable to that of grass (Hill, 1960).

There are some interesting unexplained geographic patterns in the distribution of polyploids relative to their diploid progenitors. With a few exceptions, polyploids are more common at higher altitudes and at more polar latitudes (Otto and Whitton, 2000). These patterns could be correlated with patterns of atmospheric deposition of radionuclides (Osburn, 1965; Joshi, 1982). In the northern hemisphere, the ratio of land area to ocean area generally increases with latitude. Terrestrial radon emission is much higher than that from oceans due to the preferential distribution of uranium in the continental crust (Plant and Saunders, 1996). Thus, the atmospheric concentration of radon would generally increase with latitude in the northern hemisphere. Prevailing winds would tend to preserve a latitudinal radon distribution. Since the mean residence time of lead-210 in the atmosphere is 4 weeks, radionuclide deposition would not correlate with local radon emissions (Hill, 1960).

### Point mutations

Small doses of alpha radiation tend to generate point mutations (Hei *et al.*, 2004), which is compatible with observed mutation patterns. Alpha radiation should influence the point mutation rate in proportion to dose, over evolutionary timescales.

The alpha-radiation hypothesis would predict significantly higher synonymous substitution rates in groups with higher levels of alpha radiation exposure. Such an increase in synonymous substitution rates has been observed in the mouse (Wu and Li, 1985; Li and Tanimura, 1987; Bulmer *et al.*, 1991; O'hUigin and Li, 1992) and rat (Gibbs *et al.*, 2004) relative to humans. This is consistent with the observation that the evolution of rodent karyotypes has been much faster than that of humans (Stanyon *et al.*, 1999; Bourque *et al.*, 2004). Similarly, the rate of synonymous substitution is higher in Old World monkeys and artiodactyls than in humans (Li and Tanimura, 1987). The synonymous substitution rate in dogs is much less than that in the mouse, and is comparable with that of humans (Kirkness *et al.*, 2003).

Point mutation rates in mice remain higher than those of humans even in laboratory populations not exposed to radiation (Drake *et al.*, 1998). The evolution of genes influencing the mutation rate is governed by the relative costs and benefits of improved replication fidelity (Drake *et al.*, 1998). For mice, the trade-off would favour a higher mutation rate if, over evolutionary time, there was a higher exposure to mutagens.

In plants, the rate of synonymous substitution is particularly high in grasses (Bousquet *et al.*, 1992; Gaut *et al.*, 1992, 1996; Eyre-Walker and Gaut, 1997), and is high in certain other monocot species (Wolfe *et al.*, 1989; Gaut *et al.*, 1992). Within the grasses, woody bamboos have lower synonymous substitution rates than herbaceous bamboos and other grass species (Gaut *et al.*, 1997). Woody angiosperms evolve more slowly at synonymous mitochondrial sites than annuals (Laroche *et al.*, 1997). The synonymous substitution results for animals and plants are consistent with expected alpha radiation exposure, and with the previously noted observations on ploidy and rates of karyotypic change.

Mutation rates are known to be higher in the male germ-line than in the female germ-line for most organisms (Crow, 1997). However, mutations fall into two classes with different sex biases. Mutations that involve gene deletions and other chromosomal mutations occur as often (if not more often) in human females as in males (Crow, 1997). Point mutations, on the other hand, are much more common in males (Crow, 1997). This dichotomy is consistent with alpha-radiation effects, in which chromosomal mutations are more likely to be caused by 'direct hits' of alpha particles, while point mutations are more likely to be caused by bystander effects and/or genomic instability (Brenner *et al.*, 2001; Huo *et al.*, 2001; Nagasawa and Little, 2002; Hei *et al.*, 2004). Direct hits are equally likely in both sexes (assuming similar effective doses to the ovaries and testes). However, mutations due to instability effects become visible only after cell replication, and sperm cells have typically undergone many more replications than ova (Crow, 1997).

Forster *et al.* (2002) have studied the impact of radiation on mitochondrial DNA in a human population residing in an area of high radioactivity. The types of germ-line mutation induced by the radiation closely matched the types of mutation observed over evolutionary time: in both cases, about 95% of mutations are transitions, and the mutations induced by radiation localized to evolutionary mutational hotspots (Forster *et al.*, 2002).

## DISCUSSION

Speciation has been correlated with karyotypic change (Bush, 1975; Bush *et al.*, 1977). This correlation could be explained if they had a common cause. Low vagility, small deme size, or small effective population size could promote rapid change via inbreeding and genetic drift (Bush, 1975; Bush *et al.*, 1977).

In evaluating the data on bats, Baker and Bickham (1980) do not find evidence for unusual vagility, deme size, or effective population size in bat species with high measures of karyotypic change. Interestingly, they conclude that the most promising explanation is 'genetic and environmental factors which increase rates of chromosomal mutation'.

An increased rate of chromosomal mutation would also explain the correlation between karyotypic change and speciation. Both processes would be accelerated if there was more karyotypic variation on which selection could operate.

An alternative explanation of the correlation between speciation and karyotypic change depends on the likely unfitness of hybrids between individuals with different karyotypes. Because of this unfitness, karyotypic change may increase the rate at which non-interbreeding subpopulations are created. Group selection for the ability to speciate may then be operating via species selection (Vrba and Gould, 1986). There is little evidence for such a hypothesis. It is hard to imagine a bias in karyotypic evolution that generates selectively favourable mutants for ungulates (but not camels), rodents (but not tree squirrels), tent-making bats (but not other bats), leaf-litter frogs (but not other frogs), rabbits (but not hares), foxes (but not wolves), burrowing birds (but not other birds), and so on.

Vorontsov and Lyapunova (1984) observed that within several rodent groups, chromosomal speciation is markedly elevated in geographic regions of high seismic activity. The reasons for this pattern, observed in multiple locations, remained mysterious (Rosenzweig, 1995). These observations can be explained by the present theory, because uranium concentration and radon emissions are significantly elevated in sheared fault zones (Gunderson, 1991; Plant and Saunders, 1996). Vorontsov and Lyapunova (1984) suggested several possible explanations, including the hypothesis that exposure to radiation is increased by factors 'accompanying the

earthquakes'. However, it does not appear that Vorontsov and Lyapunova were aware of elevated radon levels in sheared fault zones. The association with seismicity can explain some other features of chromosomal variation, such as why some mole rat taxa are chromosomally diverse while others are relatively uniform (Vorontsov and Lyapunova, 1984).

Changes in synonymous substitution rates over time (Bulmer *et al.*, 1991; Burt *et al.*, 1999) could potentially be explained by changes in ecology. The change in rate in the mouse [the rate over the last 12 million years has been much greater than before (Bulmer *et al.*, 1991)] could, in theory, be attributed to the adoption of a fossorial lifestyle by an ancestral rodent species more than 12 million years ago.

Yosida and Parida (1980) suggest that large karyotypic changes in three mammal species could be attributable to high local radiation levels. Differential radiation exposure has been invoked to explain low synonymous substitution rates in whales relative to terrestrial mammals (Schlotterer *et al.*, 1991), although no detailed analysis of this hypothesis is given.

Correlations have been observed between nucleotide substitution rates, body size, metabolic rates, and generation times (Martin and Palumbi, 1993), although there are many exceptions. Such correlations would be expected under an alpha-radiation hypothesis, since bystander effects and genome instability depend to some extent on cell replication after the radiation event.

Long generation times and a slow metabolism, as observed in turtles, might counteract some of the mutagenic effects of alpha radiation and lead to lower mutation rates (Avisé *et al.*, 1992; Bowen *et al.*, 1993). Burrowing tortoises (*Testudinae gopherus*) are karyotypically conservative relative to other turtles (Dowler and Bickham, 1982), in contrast to the karyotypic diversity of other burrowing species.

Rodents appear to be tolerant to moderate levels of radiation; in some experiments, irradiated animals appeared fitter than unirradiated animals (Luckey, 1991). This effect is probably due to natural selection favouring characters that are adaptive for underground lifestyles with elevated radiation levels. One should not extrapolate this tolerance to humans, because humans have had a much lower exposure to radiation over evolutionary time.

The advantage of polyploidy in masking mutations to somatic cells is analogous to a similar proposed advantage of diploidy over haploidy (Orr, 1995).

There are additional patterns of karyotypic evolution that are compatible with the alpha-radiation hypothesis, but are not explained by it. Some groups, such as turtles and bats, show a deceleration of the rate of karyotypic change over time (Bickham, 1981). Many taxa display karyotypic orthoselection, in which one kind of karyotypic change predominates (Baker *et al.*, 1985). Additional evolutionary processes, such as selection for particular karyotypic features, may make the overall pattern of karyotypic change more complex.

This article provides additional *in vivo* evidence from natural populations for the bystander effect because, at a coarse level, the mutational spectrum matches that observed *in vitro*. This evidence is valuable since experimental studies of low-dose radiation require very large populations to gain sufficient statistical power (Brenner *et al.*, 2003). This evidence supports arguments (Brenner and Sachs, 2002; Hei *et al.*, 2004) that current estimates of the mutagenic effects of low-level alpha radiation (International Commission on Radiological Protection, 1991; National Council on Radiation Protection, 1993; National Research Council, 1999) may underestimate the true potential for genetic and somatic disease.

The high rate of synonymous substitutions in species exposed to high levels of alpha radiation suggests that alpha radiation is the dominant driver of germ-line mutation in such

species. For these species, the 'molecular clock' may really be an atomic clock, ticking at a rate dependent on the alpha radiation exposure. Phylogenetic dates based on molecular clocks should be adjusted for historical alpha radiation levels at the relevant ecological niche.

Alpha radiation may not have been the dominant mutational driver in species such as humans that are karyotypically conservative and have relatively low rates of synonymous substitution. Nevertheless, radionuclides in human tissues (principally polonium-210) deliver a measurable radiation dose (United Nations Scientific Committee on the Effects of Atomic Radiation, 2000), and may contribute to mutation in humans.

When assessing mutation in modern humans, one must discount the evolutionary evidence for two reasons. First, modern humans may be exposed to alpha emitters that were not significant for ancestral humans, including polonium from cigarette smoke (Little *et al.*, 1965) and urban pollution (James *et al.*, 2004), and radon in poorly ventilated homes (National Research Council, 1999). Second, modern humans live far longer than ancestral humans, substantially beyond reproductive age. Mutations that happen after reproductive age would not be visible in the evolutionary genome.

In humans beyond reproductive age there is increased resorption of bone, particularly in women. Bone contains substantial quantities of lead-210 (Hill, 1965), which has a half-life of 22 years. As bone is depleted, lead-210 and polonium-210 resulting from the decay of lead-210 would be released to other parts of the body. Lead is also released from bone during pregnancy (Gulson *et al.*, 2003). Thus, the skeleton may serve as a reservoir of radioactivity that extends the period between exposure to radionuclides and cellular damage.

Alpha radiation from radon and its decay products is responsible for roughly half of all terrestrial radiation exposure to humans (United Nations Scientific Committee on the Effects of Atomic Radiation, 2000). Most exposure is to the lungs, and lung cancer is a significant associated health risk (National Research Council, 1999). Background alpha radiation is estimated to cause 14% of all cases of childhood acute lymphoblastic leukaemia (Committee on Medical Aspects of Radiation in the Environment, 1996). Alpha radiation may be a trigger of autoimmune disease (Weller *et al.*, 1996; Bolviken *et al.*, 2003). For several neurological diseases, radon progeny have been found at elevated levels in the brains of patients (Najbauer *et al.*, 1989; Momcilovic *et al.*, 2001).

Alpha radiation has observable germ-line effects in many species, it can cause genetic and somatic disease, and it may be more harmful than previously thought due to the bystander effect. As a result, renewed attention to the effects of alpha radiation *in vivo* is warranted.

#### ACKNOWLEDGEMENTS

Thanks to T. Hei, J.F. Hunt, and D. Melnick for helpful comments. Thanks also to M.L. Rosenzweig for alerting me to the work of Vorontsov and Lyapunova (1984).

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